

ISLAND GUIDE

EAT

Coffee

Samuel's, Summerside & Avonlea Village Cavendish – Café serving espresso, sandwiches & sweets.

Companion Coffee, Murray River -Tiny café, in a tiny fishing village, serves ice cream too!

Breakfast/Lunch

PEI Preserve Co, New Glasgow
Great country breakfast featuring their own preserves. Lunch, Dinner & raspberry pie served too.

Harbourview, Murray Harbour
A bustling café, popular with locals in this fishing village. Known for their fish chowder.

Take-Away

- **Marché at the Mill, New Glasgow:** No time to cook? Grab chicken pot pies, salads & picnic fare.
- **PEI Handpie Co., Albany (on the way to the confederation bridge)** - Chef-run, portable made-from-scratch savoury &



Island Fare

“Where should we eat?” is one of the first questions guests ask after checking-in. Here is a list of a few of our favourites across the Island. We like to support chef-run establishments that feature fresh, local and organic food.

BLUE MUSSEL Café, North Rustico

Excellent local seafood, with a view of Rustico Harbour.





Provisions

Grocery Stores:

- Atlantic Superstore, Charlottetown
- Sobeys, Charlottetown
- Riverview Country Market, Charlottetown (local, gourmet)

Farmers' Markets:

- Charlottetown; Wednesday & Saturday 9-2
- Queen Street, Charlottetown; Sunday 11-4
- Summerside, Thursday & Saturday 9-1

Artisanal/Specialty:

- **Glasgow Glen Farm**, New Glasgow (PEI Gouda cheese wood fired pizzas, baked goods)
- **PEI Preserve Co.**, New Glasgow (Preserves & Tea)
- **Upstreet Brewery**, Charlottetown (Craft beer)
- **Barnone Brewery & Hop Farm**, Rose Valley (Craft beer)
- **Copper Bottom Brewery**, Montague (Craft beer)

THE PEARL Café & Eatery, North Rustico

A beautiful, fine dining experience awaits you at the Pearl.

THE MILL, New Glasgow

Charming, chef-run restaurant on the the River Clyde.

NEW GLASGOW LOBSTER SUPPER, New Glasgow

A traditional PEI lobster supper.

THE DUNES, Brackley

Unique restaurant, art gallery, shop and gardens.

The LOBSTER BARN, Victoria-by-the-Sea

The place for Lobster -Roll lovers, right on the wharf.

The LANDMARK Café, Victoria-by-the-Sea

Family-run restaurant in a beautiful historic village.

21 BREAKWATER, Souris

PEI food with a Portuguese influence.

#5 CAFE, Murray Harbour

Restaurant in a restored historic church.

POINT PRIM CHOWDER HOUSE, Pt. Prim

Fresh, local seafood. Beautiful view of sea & lighthouse.

